

HEA WRITING WEEK

Day Two: Shaping a Backstory

Today's goal is to build out the backstory for each of your characters. Don't feel pressured to fill out every spot, every character is different, so it may not all be relevant to your story. This worksheet will help you define key details of their past, and you can expand from here!

Friends & Family

Parents: _____ Close Friends: _____

Siblings: _____

Is their support system nearby: _____

What was their childhood like: _____

What are their relationships with family/friends like now: _____

Main Family Events: _____

Main Challenges

What key experiences have affected their lives?

Financial Status

Employed? _____

Is it stable? _____

Do they enjoy it? _____

Are money issues a large part of their life / past?

Wound / Ghost

What is the ghost or wound from their past that sets the stage for this story and why is it difficult for them to move on?
