

## How many words do you need

 to write?For NaNoWriMo , this is 50 k , but consider what your goal is and set it.


## What is the deadline?

Even if you're not planning on sticking to NaNoWriMo's one-month goal, decide what your personal goal is and commit to it (x number of words by $x$ date)

Look at your calendar
In the time frame between now and the deadline, how much time do you have available to write?


## Divide the number of words you need to write by the time you have available to write.

That's what you need to write in each session. Now, ask yourself-Is it do-able? Can you write that number of words in a session?

If the answer is yes, put it on your calendar. Schedule those writing times as important appointments, like going to work, having a doctor's appointment, so you aren't tempted to fill it with anything else.

If the answer is no, then ask yourself:

- Can you make more time to write?
- Can you adjust your word count?
- Can you adjust your deadline?

Change the things you can in order to create a more do-able goal.

## Track your progress

How much are you writing in each session? What is or isn't working for you in each session?

## Evaluate

Once you hit the deadline, did you meet the goal? What did or didn't work for you? What can you adjust for your next goal?


Use these tips to set attainable goals and keep to a regular writing routine that will lead to a finished first draft.

Good luck!

